

**The Boonton High School Guide of
Volunteer Opportunities**

VOLUNTEER



This guide is meant for students to use to find volunteer opportunities in the local area. Students can choose to volunteer for several different reasons, with the common goal of helping others or their community as a whole.

Organizations

Bridges-Boonton Schools-Boonton, NJ

<https://boontonschools.ce.eleyo.com/child-care/1/bridges-to-learning>

Contact: Rosemarie.lynch@boontonschools.org

(973) 335-9700 x 2101

Bridges is an after school program run through the Boonton School district.

Students can volunteer after school or during the summer program with elementary school students, participating in games, homework help and arts and crafts. This is the perfect opportunity for future teachers or anyone who likes working with children.

Loaves & Fishes Food Pantry- Boonton,NJ

<https://www.lfcfp.org/>

Contact:973-352-7668

Loaves and Fishes is a local food pantry that serves the towns of Boonton and Lincoln Park. The pantry is open Wednesday & Saturday (non school hours). Students interested in general volunteer work can help with organizing food or fundraisers for the pantry or shopping to stock the pantry.

St. Mary's Church Food Pantry- Pompton Lakes, NJ

<https://stmarys-pompton.org/food-pantry>

Contact: 973-831-4442

foodpantry@stmarys-pompton.org

St. Mary's food pantry is set up like a grocery store to empower patrons in a grocery store experience as opposed to handing out food. Students will have the opportunity to assist shoppers, as well as stock shelves and assist with donation drives. This is a great opportunity for any student who is looking to volunteer in general and interested in helping others.

NJ Special Olympics- Various Locations in NJ

<https://www.sonj.org/volunteer/>

Contact: complete form on website

The NJ Special Olympics is for athletes who have disabilities in NJ. The organization has a wide range of fall, winter and summer sports. Students can volunteer in large roles such as coaching or working one on one with an athlete, or smaller roles such as attending an event and working behind the scenes in a role such as ticket sales. This is a great opportunity for future teachers, counselors, athletic trainers or for a student to share their love of a sport with someone in need of assistance.

Lincoln Park First Aid Squad

www.lpfas.org (access through personal device)

The Lincoln Park First Aid Squad is a volunteer organization that responds to 911 calls when medical attention is needed. This is a great opportunity for anyone interested in the medical field or wants to know first aid tactics to get experience.

Anyone from ages 16 years old and older can volunteer and there are many different roles that are available such as drivers, EMT's, and also those that are just willing to help transport.

Animal shelter - Montville

973-334-6410

Volunteering at an animal shelter is great for not only mental health but for the animals in the shelter. This is a great opportunity for anyone that loves animals or is interested in a career including animals.

Girl Scouts - troops are located in most towns

Contact: <https://www.girlscouts.org/en/get-involved/become-a-volunteer.html>

Becoming a girl scout or girl scout volunteer by starting a troop and it is a great way to volunteer in many different ways. Girls from kindergarten to grade 12 can sign up to be girl scouts. This allows girls to experience different things by helping others around their community.

Lincoln Park fire department

Contact: 973-694-1686

The Lincoln Park Fire department is a great way to help out the community. They protect 12000 people lying in the area of seven square miles. They operate out of two stations in the residential area of Lincoln Park.

Lincoln Park PAL

<https://lppal.org/>

The Lincoln Park PAL has many different sports that need volunteers to coach. They take coaches for soccer, football, cheerleading, baseball, softball, and basketball. This is a great opportunity for anyone interested in becoming a teacher or would like to work with children in their future.

Denville Food Pantry

Contact: (973) 625-8300

https://www.homelessshelterdirectory.org//shelter/nj_denville-township-food-pantry

Location: 1St. Mary's Place, Denville, NJ 07834

The Denville Social Services Department is the “helping hand” of the Township of Denville. Through the food pantry they provide emergency food for individuals and families that need it. Their programs touch all age groups, from infant

children to senior citizens. They receive donations of non-perishable food regularly from organizations, as well as from concerned individuals.

Family Promise of Morris County

<https://www.familypromisemorris.org/volunteer>

Contact: (973) 998-0820 & info@FamilyPromiseMorris.org

Location: Morristown, NJ 07962

Discover the wide range of volunteer opportunities at Family Promise of Morris County. From serving meals, to providing financial literacy training, to assisting with fundraising events, there is something for everyone. Volunteers play an essential role in helping families and individuals experiencing homelessness attain sustainable independence.

Pony Power Therapy

<https://www.ponypowernj.org/contact>

Location: 1170 Ramapo Valley Road Mahwah, NJ 07430

Contact: 201-934-8891 & 201-934-1001 + info@ponypowernj.org

To create this campus, we wanted our approach to be as green and environmentally friendly as possible. With the help of specialized consultants, we've employed regenerative land management practices to improve the stewardship of the land Pony Power occupies. For example, incorporating concepts such as rain gardens and vegetated swales and berms to manage rainwater run-off will actually reverse damage and restore the environment.

Teen Advocacy Group (T.A.G) - Boonton Town (Morris County)

Location: Boonton High School- Ms. Mauriello (973)335-9700 Ext. 4014

The Teen Advocacy Group (T.A.G.) The program provides a social group that is fun, while using innovative teaching techniques to enhance social and community-based skills.

Conversations to Remember

Location: 81 Windsor Dr, Pine Brook, NJ 07058

Contact: 862-243-5331

Connecting high school and college students with residents in assisted living communities to combat the epidemic of loneliness. Putting a smile on the faces of seniors, including those experiencing cognitive decline, creating a bridge between seniors and youth.

New Jersey Firemen's Home

<https://nifh.org/>

Contact: 973-334-0024

info@nifh.org

The New Jersey Firemen's Home – established in 1898 – is the ONLY licensed health care facility in the State of New Jersey whose primary mission is dedicated to the men and women of the New Jersey Fire Service. Located on the historic Lathrop Estates in Boonton, NJ, the Firemen's Home provides both long term care and residential health care services. Providing outstanding service delivered by a loyal and caring staff has made the Firemen's Home a TRUSTED and RESPECTED choice for many of New Jersey's Bravest

Victoria Mews Assisted Living

<https://www.victoriamews.net/index.html>

Contact: (973) 263-3000

scovalsky@victoriamews.net

Victoria Mews is an assisted living home in Boonton New Jersey. It is one of the most highly awarded in the area. Students interested in working with senior citizens or looking towards a career in nursing will find this center one of the best places to volunteer.

Boy Scouts of America

<https://www.scouting.org/>

Contact: PR@scouting.org

The mission of the Boy Scouts of America is to prepare young people to make ethical and moral choices over their lifetimes by instilling in them the values of the Scout Oath and Law. Students who enjoy working with children or former scouts will spend time volunteering with current scouts in their local area.

Boonton Holmes Library

<http://www.boontonholmeslibrary.org/>

Contact: 973-334-2980

bhpl@boontonholmeslibrary.org

The mission of the Boonton Holmes Public Library is to make the library an inviting focal point for the community, encourage a love of reading and life-long learning, preserve Boonton's local history and offer patrons technology that extends access to ideas and information. Students interested in general volunteer opportunities in their local community can benefit from this resource.

Love More Judge Less

<https://judgeless.org/>

Contact: 973-224-4144

vicki@judgeless.org

We are a unique charity that is home to the 1st self-injury support group in NJ that began in 2005. In 2006, we were officially registered as Launching Point, a 501(c)3 charitable organization that serves as a self-injury support & resource center. Our mission is helping people overcome self-injury through support, resources, activities, and volunteerism;

Toni's Kitchen

<https://toniskitchen.org/vision-and-mission/>

Contact: 973-932-0768

hello@toniskitchen.org

Located in St Luke's Episcopal Church in Montclair, NJ

Toni's kitchen envisions a community where everyone has reliable access to healthy food

Toni's Kitchen provides food to our neighbors in need in ways that respect their dignity, improve health and foster independence.

Dress for Success

<https://northernnj.dressforsuccess.org/about-us/>

Contact: 973.822.3188

Kim@dfsnorthernnj.org (for volunteer)

Dress for Success Northern NJ – 10 Counties has served over 22,000 women, empowering each with training, a network of support, and provision of professional attire; They strive for a world where all women are financially independent, are treated with dignity and respect and are directly impacting their lives and those of their families

Lincoln Park Public Library

<https://www.lincolnparklibrary.org/>

Contact: 973-694-8283

The Lincoln Park Public Library is the informational hub of the community and strives to enhance the quality of life for all who visit by providing a variety of resources and a welcoming facility that will effectively promote lifelong education and entertainment

Family Promise of Morris County

<https://www.familypromisemorris.org/>

Contact: 973-998-0820

info@FamilyPromiseMorris.org

Family Promise of Morris County's mission is to mobilize community resources and people to end the crisis of homelessness and housing instability faced by families and individuals by providing a continuum of services leading to independence

Human Needs Food Pantry

<http://www.humanneedsfoodpantry.org/>

Contact: 973-746-4669

hnpdirector@gmail.com

Since 1982, the Human Needs Food Pantry has provided food, clothing, and other services to people in need who live in Montclair and neighboring communities in Essex County. Our diverse client base includes families and singles who are elderly, disabled, home-bound, unemployed, or underemployed (working poor).

Chadd of Morris County

<https://www.chadd.net/chapter/525>

Virtual Morristown, NJ 07960

CHADD's dedicated volunteers play an integral part in the organization's success by providing support, education and encouragement to parents, educators and professionals on a grassroots level through CHADD affiliates.

Furever Home Dog Rescue

236 Randolph, NJ 07869

<https://www.petfinder.com/member/us/nj/randolph/furever-home-dog-rescue-nj630/>

Furever Home Dog Rescue saves adoptable dogs from overpopulated high-kill shelters. Volunteers then foster the dogs until they are placed in their furever homes. They welcome people who are interested in fostering and have a passion and love for dogs.

The Green Cause

Union County, NJ 07076 <https://thegreencause.com/>

The Green Cause strives to provide environmental education to youth by creating social media content or classroom-targeted lesson plans. Based on your interests and talents, you can join one of 4 teams: Environmental Education Team, Social Media Team, Technology Team, Arts and Design Team.

The Dream Project

515 Twin Oaks Road Union, NJ 07083 <http://thedream.bike>

The Dream Project is a nonprofit adventure-based fundraising organization for young adults on their way to becoming future philanthropists and community leaders. Those between 18-25 can commit to a year of fundraising and hands-on volunteer work before ultimately biking across the country in the name of a local charity doing work in their neighborhood.

Kiwanis Ambulance - Boonton NJ

<https://www.volunteermatch.org/search/org1011377.jsp>

Contact: 973-402-9410

The Boonton Kiwanis First Aid Squad exists to serve the community with dignity and respect while rendering first aid, saving lives, relieving the suffering of the injured, promoting safety in all activities, assisting in the transportation of the ill, injured, and infirm, and giving all aid possible during emergencies and in times of disaster.

YMCA - Boonton NJ

<https://www.njymca.org/main/volunteer-at-a-new-jersey-ymca/>

Contact: 609-278-9622

YMCA's mission is to collaborate and work together on areas of mutual benefit in order to strengthen and enhance our individual YMCAs and the collective strength of NJ YMCA's to better serve the people of New Jersey. This is a great opportunity for anyone who is great with people and is willing to help others.

Animal Shelter - Parsippany NJ

<https://www.parsippany.net/150/Animal-Control-Shelter>

Contact: 973-263-7083

You can help out with the shelter along with the animal control center. The responsibilities of the Animal Control Division include: Control of disease, particularly rabies, among wild and domestic animals, Food and water are provided, Maintenance of the animal shelter where adequate housing, Overseeing pet adoptions at the shelter. Removal and/or control of stray animals that may be found on the streets of Parsippany. This is a great way for those that love or would like to work with animals in their future.

Fire department Volunteers- Summit NJ

<https://www.cityofsummit.org/242/Volunteer-for-Fire-Dept>

Contact: 908-277-9400

As a volunteer firefighter, you enjoy the challenge of using newly learned skills. You will enjoy the friendship and fellowship gained from working with a team of people dedicated to helping the community. Service in the volunteer division could lead to a career in the Summit Fire Department since New Jersey law permits preference be given to volunteers when filling vacancies in a combination career/volunteer department such as Summit.

Jersey Cares

<https://www.jerseycares.org/>

Contact: (973) 533-1993

Jersey Cares, a nonprofit organization, established in 1993, recruits and engages volunteers in rewarding, effective efforts that address community-identified needs. We partner with local nonprofits to identify needs and implement volunteer projects to meet these needs. This organization allows volunteers to find opportunities around them. A great place for anyone who is looking to find events to help out.

Nourish.NJ

<https://nourishnj.org/>

Contact: (973) 267-0709

Nourish. NJ creates lasting solutions to the problems of hunger, homelessness and poverty. They offer food, housing, work readiness, medical, social and educational services 365 days a year in a warm, safe and caring environment, free of charge, no questions asked. Anyone 16 years of age or older can volunteer and is perfect for those that want to give back. They do many different things for those in need such as food drives, meal kits, and spreading awareness.

Grow It Green Morristown

<https://www.growitgreenmorristown.org>

Contact: (973) 206-4177

Grow It Green Morristown creates sustainable farms and gardens, and educates communities on healthy eating and environmental stewardship. They believe that fresh, local food should be accessible to all. Volunteers can help others by sharing information about the food system. This is a great way for those that enjoy being outdoors and learning about the food system to help spread awareness.

Meals On Wheels-Morristown

<https://morristownmeals-on-wheels.org>

Contact: (973) 532-2706

Morristown Meals on Wheels has been helping homebound individuals of all ages and seniors remain independent members of society, maintain their health and live their lives with dignity by providing hot, nutritious meals to the homebound delivered by caring and compassionate volunteers. Volunteers are paired up with another volunteer and for about 45 minutes a week they go around delivering trays of food.

Literacy Volunteers-Morris County

<https://www.lvmorris.org>

Contact: (973) 984-1998

Literacy Volunteers of Morris County provides free instruction to adults who lack the ability to read, write or speak English. Each year our volunteer tutors help hundreds of adults become more successful and productive employees, parents, consumers, and citizens. This is an awesome opportunity for anyone that is interested in becoming a teacher or would just like to help others expand their knowledge.

Parsippany Ambulance Squad

www.pvas.org

973-887-3003

Interested teens can join the ambulance squad at age 15 and begin riding at age 16. Junior squad members will assist senior EMT members on calls and squad business.

Civil Air Patrol

www.gocivilairpatrol.com

Opportunity for teens interested in a career in aviation. Cadets progress through 16-step programs including aerospace education, leadership training, physical fitness and moral leadership.

Homeless Solutions

540 West Hanover Ave., Suite 100 Morristown, NJ 07960

Tamala Reynolds

www.homelessolutions.org

Preparing and serving lunch and dinner, teaching workshops, providing childcare, reading and organizing activities for children, and running donation drives.

Volunteer options and forms available on the website.

COMMUNITY SOUP KITCHEN AND OUTREACH CENTER

36 South Street Morristown, New Jersey 07960

(973) 267-0709

nancy@csmorristown.org

www.csmorristown.org

Organization that provides warm nutritious meals, free of charge, no questions asked, to anyone seeking nourishment. Volunteers aged 12 and older can serve hot meals to guests, sort & distribute food donations, and move food from the pantry to the dining room and kitchen.

Seeing Eye

10 Washington Valley Road

Morristown, NJ 07960

973-539-4425

This organization provides assistance to dogs. Walk, feed and play with these animals in order to take care of them. Students interested in working with animals or education could benefit from volunteering here.

Comfort Zone Camp

80 Park Street

Montclair, NJ 07042

973-364-1713

This organization is for children who have lost a parent. Ages 15-18 they volunteer to do activities and give an ear to those in need.

Community Soup Kitchen

36 South Street

Morristown, Nj 07960

973-267-0709

An organization that provides warm served food, no charge, no questions. Ages 12 and older can serve hot meals to guests.

Camp Hope

1792 Union Valley Road

West Milford, NJ 07480

973-535-1181

This organization is for people with special abilities. It gives them an outdoor fun experience while volunteers help, ages 14 and up.

Mount Pleasant Animal Shelter

194 Route 10 West

East Hanover, NJ 07936

973-386-0590

Ages 16 and up, people can volunteer at an animal shelter! Volunteers must clean dishes, wash laundry, clean crates, and more.

ST. CLARE'S HOSPITAL

Boonton, NJ

973-625-6010

MargaretKirchhoff@saintclares.org

www.saintclares.org

Volunteers can work directly with patients: courier service, ER assistance, flower and mail delivery, or patient transport. Non-patient areas include central supply, medical records, gift shop, or the reception desks.

Main Street Boonton Inc.

Boonton NJ

<https://www.boontonmainstreet.org/>

Boonton Main Street is a stand-alone 501c3 nonprofit and grass roots effort, fostering partnerships to restore, preserve and promote Boonton's historic downtown. With only a portion of its budget coming from the Town, Boonton Main Street Inc., follows a four point approach to downtown management using organization, promotion, design and economic revitalization as defined by the National Main Street Center and Main Street New Jersey. This volunteer opportunity is perfect for someone that would like to protect and grow Boonton's history.

New Jersey Highlands Coalition

Boonton NJ

[New Jersey Highlands Coalition Website](#)

The New Jersey Highlands Coalition's mission is to protect, restore and enhance the water and other natural and cultural resources of the Highlands for the benefit of all citizens and businesses in the State.

Harmony Senior Drum Corps

Boonton NJ

<https://www.parsippanyrescue.org/>

To provide volunteer rescue and recovery services to serve the township of Parsippany-Troy Hills. Becoming a member of the Rescue & Recovery Unit requires a similar level of training and commitment found in firefighter certification. Rescue members often take some of the same classes at the fire academy that firefighters take, excluding courses specifically related to fighting fires.

Parsippany's Rockaway Neck Volunteer First Aid Squad

Parsippany NJ

<http://www.rockawayneckfirstaid.org/>

Since 1952 the Rockaway Neck First Aid Squad has provided emergency medical services 24 hours a day 7 days a week to the areas of Eastern Parsippany and Lake Hiawatha. Ambulances are staffed with NJ State certified EMTs and Certified Emergency Vehicle Operators. 100% of our members are Volunteers representing the true spirit of the community.

NorthStar Pet Rescue

Boonton NJ

<https://www.northstarpets.org/>

We are a group of passionate volunteers committed to saving these innocent dogs and finding them a new forever home. We are 100% dedicated to operating in a safe, transparent, and ethical manner, and to ensuring the best veterinary practices are followed with regards to the care and transport of our animals. NorthStar Pet Rescue is an IRS 501(c)(3) charitable organization (EIN: 81-5348036). This is a perfect volunteer opportunity for animal lovers!